

GULF DEFENDER



Vol. 65, No. 8

Tyndall Air Force Base, Fla. *Home of Air Dominance Training*

Feb. 24, 2006

In brief

Squadron changes of command

Lt. Col. Anthony Lonigro, 325th Medical Support Squadron commander, will relinquish command to Lt. Col. Jerome Wizda at a ceremony at 10:30 a.m. today in the Officers' Club.

Lt. Col. Keith Seaman, 95th Fighter Squadron commander, will relinquish command to Lt. Col. William Routt at a ceremony at 2:35 p.m. today in Hangar 4.

Radiology closure

Due to the 325th Medical Support Squadron change of command, Tyndall's Radiology Clinic will be closed for routine x-rays 10 a.m. to 1 p.m. today. Patients with previously scheduled ultrasounds, computed tomographies, or mammograms will be seen. For more information, call the clinic at 283-7541.

Wing Swing Saturday

The 2006 Wing Swing is 5 p.m. Saturday in Hangar 5. Tickets will be available at the door for the dance. See Page 14 for details.

What's inside



Tyndall Airmen win annual awards
... PAGE 10-11



Photo illustration by Staff Sgt. Benjamin Rojek

Gotcha!

Beginning Monday, all Airmen, family members and visitors operating a vehicle on Tyndall are required to pull over or use a hands-free device to talk on a cellular phone. Both military members and civilians who violate the regulation will receive three points against their on-base driving record, and military members could face non-judicial punishment. For more information, contact 2nd Lt. Vernon Frazier at 283-2553.

Tyndall Family Practice named best in AF

1ST LT. ERIN RACE
325th Medical Group

The 325th Medical Group Family Practice Clinic was recently named the 2005 U.S. Air Force Clinical Optimization Team of the Year.

This award recognizes outstanding team performance and achievement in optimizing healthcare delivery for the 2005 calendar year.

The board considers staff and customer satisfaction, quality of care, access to care, cost effectiveness, data quality, base and community involvement and leadership.

"Thank you for everything each of you do every day," said Brig. Gen. Jack Egginton, 325th Fighter Wing commander.

"Earning 'best in the Air Force' out of more than 65 Air Force military treatment facilities is quite an accomplishment."

The clinic manages and ensures medical care for nearly 21,000 beneficiaries, and they increased appointments from 68,000 to 79,000 annually, despite a 20 percent loss in provider staffing.

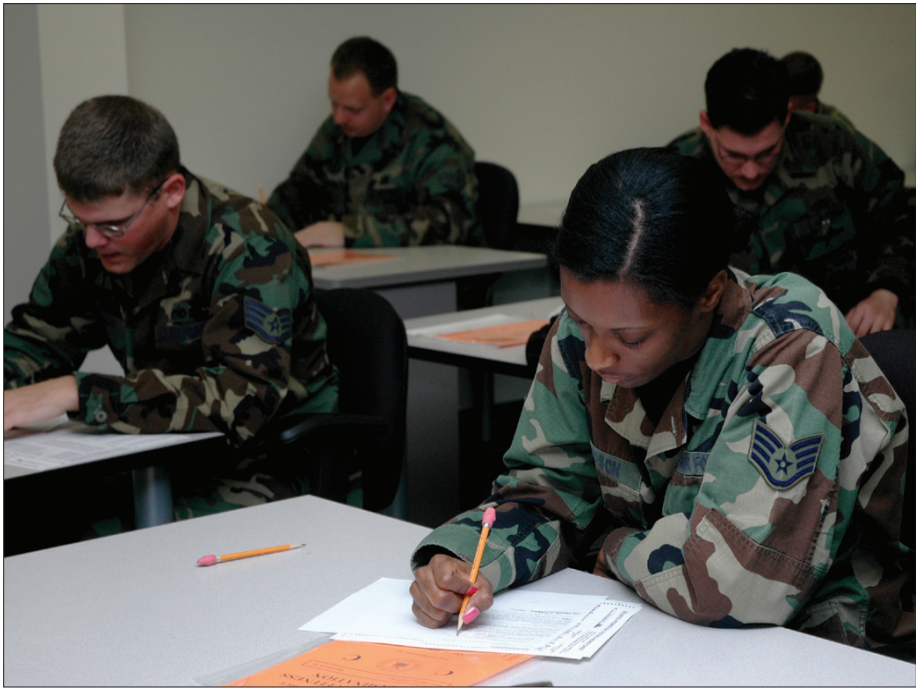
Community and customer focus has always been a top priority, according to Lt. Col. Dan Kulund, 325th MDG medical staff chief.

"Some units that work swing shift were suffering in medical readiness statistics, so the clinic came to them," he said. "Clinic personnel performed more than 100 physical health assessments in a new 'road show'

style to ensure the shift workers remain healthy."

The clinic also supported more than 100 Keesler AFB, Miss., hurricane evacuees through extra appointment slots, medication refills and counseling services.

"The staff has surmounted several major obstacles in the last year, and yet they continued to be top ranked in population health and productivity metrics," said Maj. Timothy Howerton, 325th Medical Group Family Practice and Women's Health flight commander. "Their dedication and drive is tremendous. We are proud of our accomplishments, and we look forward to continuing our service to the base community in the years to come."

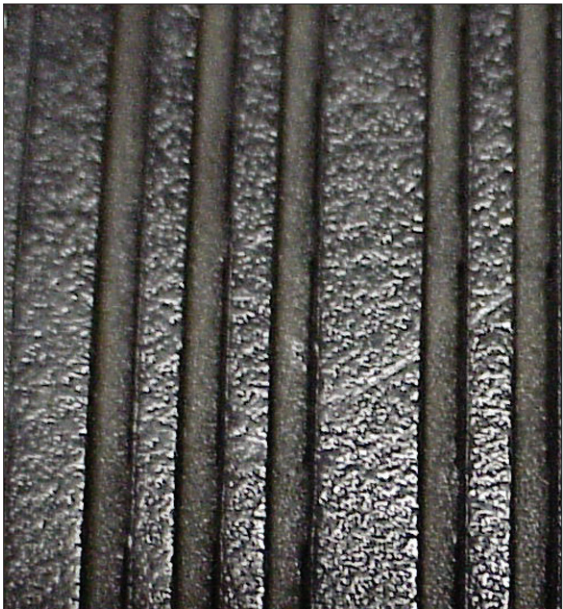


Chrissy Cuttita

Crunch time

Airmen test for success Feb. 16 in the new Weighted Airman’s Promotion System testing room in the Base Support Center, Room 170, across the hallway from the 325th Fighter Wing conference room. Personnel testing are asked to arrive on time, in uniform and bring necessary paperwork and identification. Cell phones are collected at the door. For more information, contact Jerry Havel, 325th Mission Support Squadron test control officer, at 283-3530.

Identify this...



Can you identify this object? If so, send an e-mail to editor@tyndall.af.mil with “Identify This” in the subject line. Three correct entries will be chosen at random and drawn from a hat to select the final winner. The prize can be claimed at the Public Affairs office. The winner for the Feb. 17 “Identify This” is Fred Schmidt, Air Force Civil Engineer Support Agency systems integration contractor. He correctly guessed it was a rose. Congratulations, Mr. Schmidt. Come claim your prize!

ON THE STREET

325th Mission Support Squadron focus: How often do you use your cell phone?



“I use it all the time. I don't have a home phone, just my cell phone.”

TECH. SGT. WENDY DAVIS
Personnel relocations NCO in charge



“I’m on-call 24/7. I use it all day, everyday.”

ALICIA GIBBONS
Survivor benefits counselor



“My cell phone is the way my family and husband overseas can contact me during the work day.”

**AIRMAN 1ST CLASS
CELENE DELICE**
Seperation/retirement counselor



“I use my cell phone all the time for military, personal calls ... everything really.”

1ST LT. MUSTAFA DANQUAH
Chief of customer support

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Editorial content is edited, prepared and provided by the 325th Fighter Wing public affairs office. Photographs are U.S. Air Force photos unless otherwise noted. The deadline for article submissions to the *Gulf Defender* is 4 p.m. Friday, prior to the week of publication unless otherwise noted. Articles must be typed and double-spaced, preferably on a 3.5-inch disc. Stories should be submitted directly to the public affairs office, Building 662, Room 129 or mailed to: 325 FW/PAI, 445 Suwannee Ave., Tyndall AFB, FL, 32403-5425 or e-mailed to editor@tyndall.af.mil. Public affairs staff members edit all material for accuracy, brevity, clarity, conformity to regulations and journalistic style. The delivery of the *Gulf Defender* to Tyndall base housing sections is provided by the *Panama City News Herald*. For more information, or to advertise in the newspaper, call (850) 747-5000.

Commentary

REDHORSE exercises train many for deployment

MAJ. ANN BIRCHARD
823rd REDHORSE Squadron/Detachment 1 commander

Few of you have heard of us. Even fewer know where we are.

We are 823rd REDHORSE Squadron/Detachment 1, located 10 miles east of Tyndall’s main gate. Our mission is to provide contingency training free from home station constraints, where Expeditionary Combat Support teams can train, interact and complete contingency operations in a realistic, integrated environment for rapid deployment – anytime, anywhere.

So what does that mean in English?

Every week civil engineers, services, personnel, manpower, finance, contracting, command chiefs, first sergeants and communication personnel go to war using the latest and greatest technology, equipment, vehicles and procedures. We provide training needed to achieve war-fighting effects to active-duty, Guard, Reserve, U.S. Army and Marine engineers as well as Canadian airfield engineers. We preach and teach “One Team, One Fight!”

Silver Flag is a 1,200-acre site with more than \$50 million worth of equipment, facilities and infrastruc-

ture to include a 6,000 foot runway that gets blown up and repaired every week. We have a fleet of more than 170 special and general purpose vehicles. We train over 10,000 personnel annually on wartime team tasks using unique base deployable equipment assets. This high-demand, low-density equipment is not normally available at home station. In fact, for most students this will be the first time they will operate the equipment before they deploy.

The first three-and-a-half days of the training week are devoted to functional area hands-on skills training. Our training incorporates scenarios and lessons learned from the area of responsibility to provide realism the students may encounter. One-and-a-half days are devoted to the performance phase of training – Operation Silver Steed – and the remaining half day of the week is used for equipment reconstitution and outbriefs.

Operation Silver Steed gives the students the opportunity to apply the skills they learned throughout the week. The exercise is based on bedding down forces at a bare base with some sustainment available. Student command and control staff directs

forces – their decisions and team initiative drive the exercise inputs, giving them cause and effect lessons. There is no set end time for the exercise. Functional area accomplishments determine the success of the exercise.

Exercise day is a busy day for our students. Here’s just a quick run down of what they must accomplish: Identify and render safe improvised ex-



Courtesy photo

REDHORSE electrical students install the emergency airfield lighting system during a recent exercise here.

● SEE REDHORSE PAGE 18

Action Line:

Q: What is the policy regarding the traffic barriers at the front gates and lowering them so traffic flow leaving the gate can be smoother?

A: We appreciate you bringing this matter to our attention. Air Force Instruction 10-245 establishes a requirement for a barrier serpentine at installation entry points at all times. In October the base traffic safety council met to address the issue of traffic congestion at the gates. One of the approved recommendations is to drop the barriers on the outbound lanes of Tyndall Gate at 3 p.m. each duty day to facilitate speedier personnel departure.

Security forces is working to ensure consistency of these bollards being lowered each day on-time. Thank you for your patience.

Q: With all the contractors working entry control at the front gate, why can’t they have two lanes open most of the time or all the time?

A: Thank you for providing us some feedback on this difficult issue. There appears to be a lot of confusion on use of contract security guards at Tyndall’s gates. These employees were hired to provide deployment relief for our stressed security forces. This manpower was purchased by the Air Staff to bring Tyndall up to the Air Force baseline of two entry

controllers at each gate. Your base leadership is concerned about the wait time and has authorized the use of augmentation forces from across the base to open additional lanes during the morning and lunchtime rush hours. You may have seen these outstanding Airmen manning the gates during peak rush hours but unfortunately, we cannot afford to keep these additional lanes open all the time. There are many ways for the base populace to help with the long wait times including avoiding these times by coordinating with your supervisors for earlier or later reporting times or by reducing the number of cars by coordinating car pools. If these are not possible, then we recommend that you plan for the additional time to get to and from your work area.

Action Line
Call 283-2255



BRIG. GEN. JACK EGGINTON
325th Fighter Wing commander

The Action Line is your direct line to me. It is one way to make Tyndall a better place to work and live.

The goal is to provide you with an accurate, timely response. You must leave your name, phone number or address to receive a response.

Questions or comments of general interest will be published in this forum. This avenue should only be used after coordinating problems or concerns with supervisors, commanders, first sergeants or facility managers.

If you’re not satisfied with the response

or you are unable to resolve the problem, call me at 283-2255.

For fraud, waste and abuse calls, you should talk to the 325th Fighter Wing Inspector General’s Office, 283-4646.

Calls concerning energy abuse should be referred to the energy hot line, 283-3995.

Below are more phone numbers that help you in resolving any issues with a base agency.

Commissary	283-4825
Pass and I.D.	283-4191
Medical and Dental	283-7515

MEO	283-2739
MPF	283-2276
SFS Desk Sgt.	283-2254
Services	283-2501
Legal	283-4681
Housing	283-2036
CDC	283-4747
Wing Safety	283-4231
Area Defense Counsel	283-2911
Finance	283-4117
Civil Engineer	283-4949
Civilian Personnel	283-3203
Base Information	283-1113

Thank you for helping me improve Tyndall and I look forward to hearing from you.

Tyndall honors African-American History Month today

Americans have recently observed and grieved the deaths of Rosa Parks and Coretta Scott King, two matriarchs of the civil rights movement. While their deaths have brought sadness to many, their courageous accomplishments achieved in life continue to bring joy to millions of Americans who now live better lives because of people like these two brave women.

February is annually recognized as African-American History Month. To celebrate this month, the Tyndall Black Heritage Committee is holding a luncheon at 11 a.m. today at the Enlisted Club. All Tyndall Airmen are invited to attend and join in celebrating African-American heritage.

February is a time to reflect upon the many contributions African-Americans made to the success and heritage of this great nation. It's a time for all Americans to learn, share and celebrate an often overlooked piece of the ethnically diverse American fabric.

Negro History Week, as it was originally called, was the concept of Dr. Carter G. Woodson. Dr. Woodson, Harvard educated and born to former slaves, was disturbed to find that history books largely ignored the black population's positive achievements in the development of America. He felt that officially recognizing great black Americans would serve two purposes: It would be instrumental in building self-esteem in black communities and it would also be an effective tool against racism.

In respect to the birthdays of Frederick Douglas and President Abraham Lincoln, two historical figures whom had a tremendous impact on the plight of African-Americans, he chose the second week in February for his Negro History Week, which he initiated in 1926.

In addition, the month of February marks several important dates:

- Feb. 23, 1868 – The birth of W.E.B. DuBois, an important civil rights leader and co-founder of the

National Association for the Advancement of Colored People

- Feb. 3, 1870 – The 15th Amendment was passed, granting blacks the right to vote

- Feb. 25, 1870 – The first black U.S. senator, Hiram R. Revels, took his oath of office

- Feb. 12, 1909 – The NAACP was founded by a group of concerned black and white citizens in New York City

- Feb. 1, 1960 – In what would become a civil rights movement milestone, a group of black college stu-

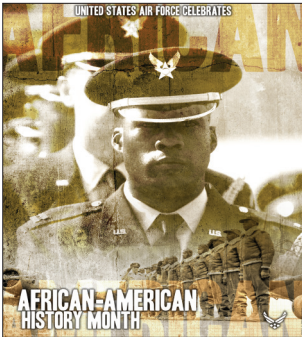
dents in Greensboro, N.C. began a sit-in at a segregated Woolworth's lunch counter

- Feb. 21, 1965 – Malcolm X, the militant leader who promoted black nationalism, was shot to death by three black Muslims

In 1976, with the endorsement of America, Negro History Week evolved into Black History Month.

For more information about African-American History Month or the luncheon, call Johnny Walker at 283-4433.

(Courtesy of the Tyndall Black Heritage Committee)



The Tyndall Black Heritage Committee invites all to a luncheon 11 a.m. today at the Enlisted Club. This year's theme is "Celebrating Community: A Tribute to Black Fraternal, Social and Civic Organizations." For more information, contact Johnny Walker at 283-4433.

Crime victims, witnesses, get assistance

CAPT. ROB CARIDAD
Base Legal Office

Former U.S. Supreme Court Justice Benjamin Cardozo once wrote that "justice, though due the accused, is due the accuser also."

Indeed, in a military justice system where one side represents the interests of the U.S. government, and the other side represents the interests of the accused, who looks out for the interests of victims and witnesses to crime? The answer, at Tyndall and throughout the Air Force, is the Victim Witness Assistance Program.

In short, VWAP is a program to provide information and assistance to victims and witnesses of crimes committed in violation of the Uniform Code of Military Justice, or in violation of the law of another jurisdiction, if any portion of the investigation is conducted primarily by Department of Defense components.

As at other installations Air Force-wide, Tyndall's VWAP is run by the Base Legal Office, which in most cases is in the best position to provide information to victims and witnesses as to the status of ongoing investigations and the criminal justice process in general. Along these lines, one of the central functions of VWAP is to serve as an information clearinghouse for those who find themselves swept up in the often confusing world of criminal justice.

Specifically, VWAP exists to ensure victims and witnesses have access to information about the court-martial

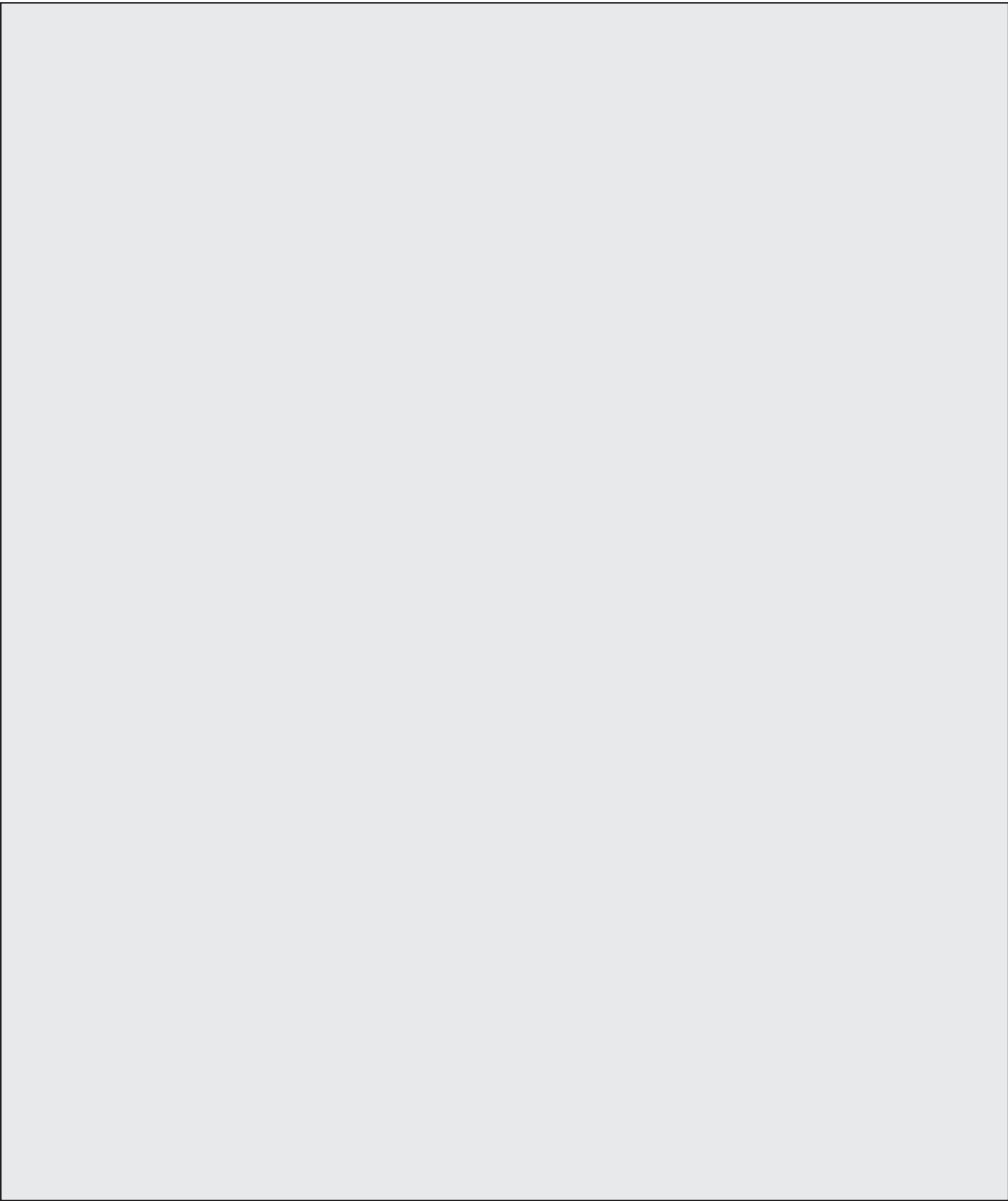
process (if applicable), know their rights as victims or witnesses, receive any compensation that may be available to them, and are aware of services available to them on base and in the local community.

Victims, by definition, have already experienced a traumatic event, before they even enter the justice arena. VWAP aims to lessen ongoing stress by protecting the rights that many victims may not even know they have. In particular, these include the right to be treated with fairness and respect; the right to be reasonably protected; the right to be notified of proceedings; the right to be present at proceedings; the right to confer with an attorney; the right to reasonable restitution; and the right to know outcome and release of the offender.

There are a number of services and programs available at Tyndall, and throughout the greater Panama City area, to assist crime victims and witnesses. In fact, VWAP is an active member in the local Fourteenth Judicial Circuit Victim Advocate Coalition.

Furthermore, Staff Sgt. Beatriz Webb, the VWAP NCO in charge, is certified by the state of Florida as a victim advocate. VWAP works closely with the office of the Sexual Assault Response Coordinator to provide support to those sexual assault victims who choose to pursue unrestricted reporting.

If you are a victim or witness of crime, and you have questions regarding your rights and services available to help you, contact Sergeant Webb at 283-4681.



First Air Force becomes AFNORTH

Tenant unit is one of 10 numbered air forces reorganized for warfighting

First Air Force took on a second designation here Feb. 15 as part the Air Force’s on going development of the war fighting headquarters.

Air Forces Northern, or AFNORTH, became 1st Air Forces’ provisional moniker under Air Combat Command, and is part of the Air Force’s move to redesignate 10 traditional numbered air forces as organizations designed to focus on war fighting missions.

“In the old construct, numbered air forces focused on a lot of headquarters management functions such as organizing and equipping,” said Alan Scott, 1st Air Force chief of staff. “With the focus on warfighting, numbered air forces will leave the majority of those functions to the major force-providing commands above it.”

Under the warfighting concept, AFNORTH will plan, integrate, command and control Air Force air and space power capabilities to better execute the national security strategy.

“AFNORTH will enable the Air Force and Air National Guard to smoothly execute the full spectrum of ACC, North American Aerospace Defense Command and U.S. Northern Command’s homeland security missions,” said Maj. Gen. M. Scott Mayes, AFNORTH commander. “Speaking as a Joint Force Air Component commander, this is a great step in allowing commanders the ability to focus on planning and warfighting.”

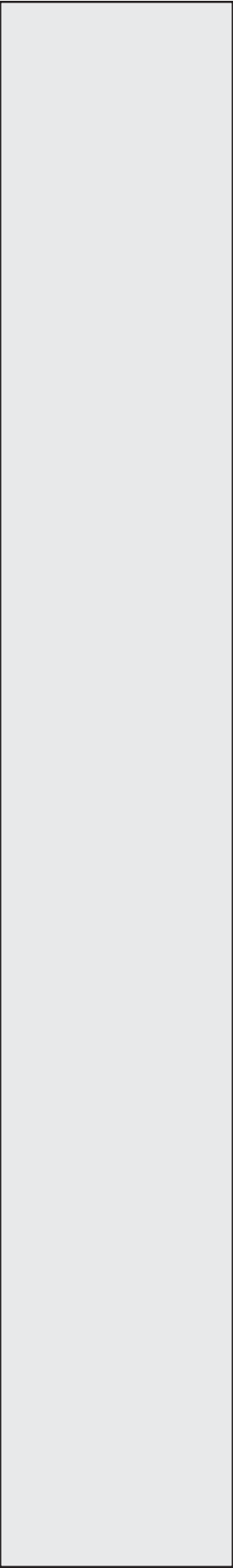
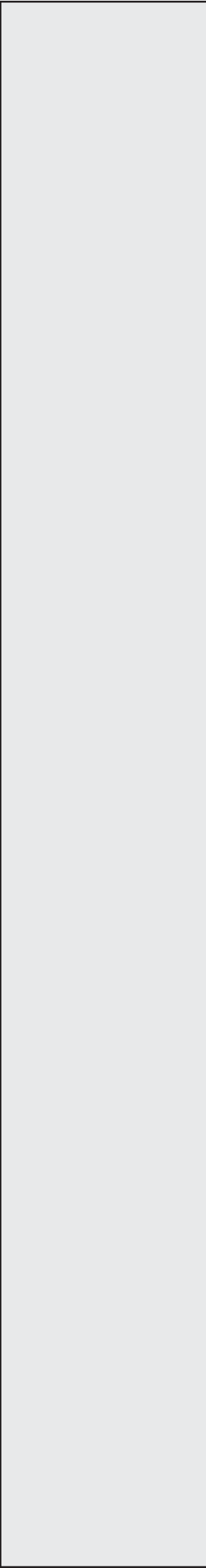
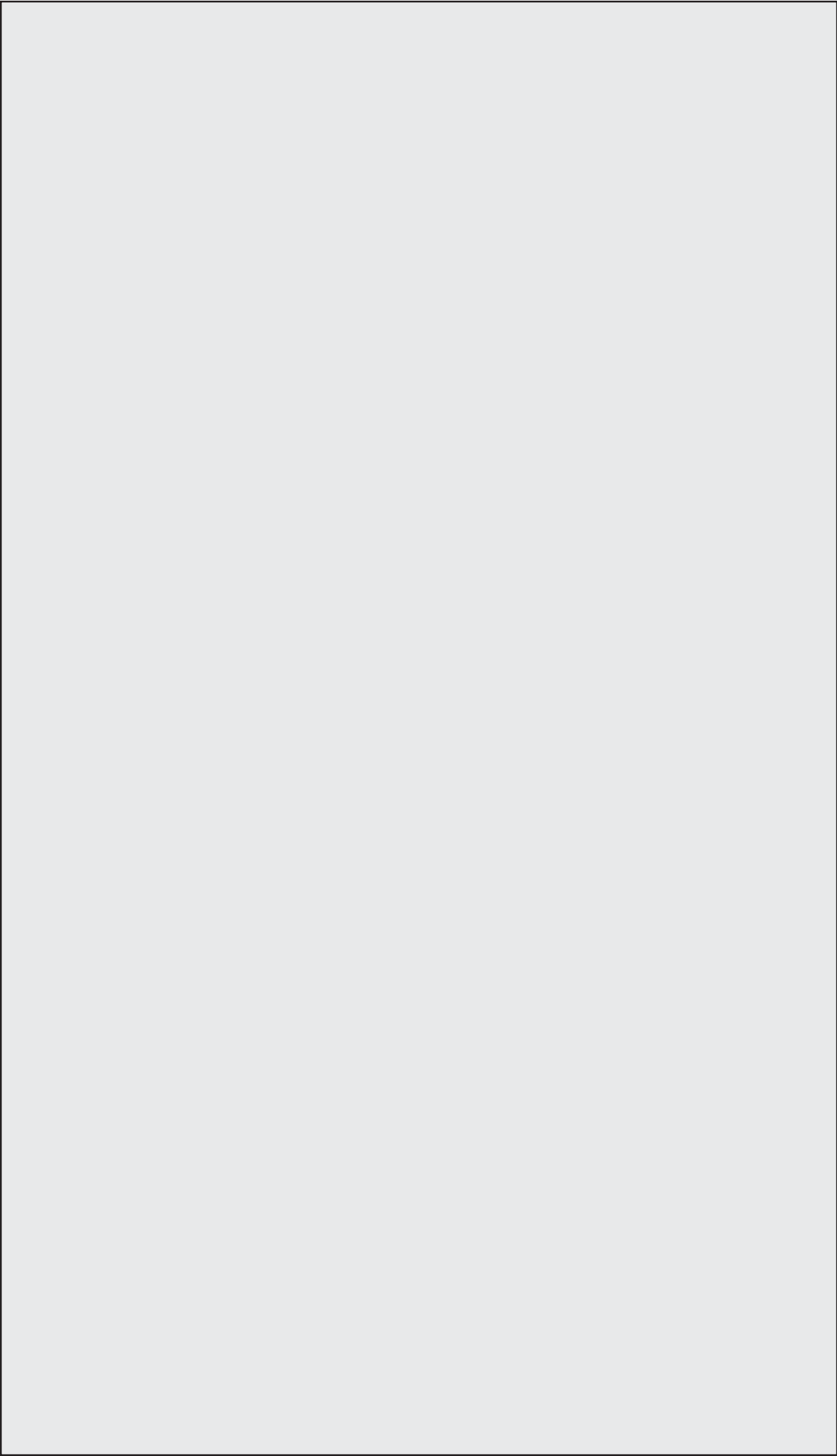
As of Feb. 28, units aligned under AFNORTH include the Northeast Air Defense Sector, Southeast Air Defense Sector, Western Air Defense Sector, 601st Air Operations Group and the 702nd Computer Systems Squadron.

(Courtesy of AFNORTH Public Affairs)



Courtesy photo

The sign outside AFNORTH changed names last week.








Golden Bolt Award





Staff Sgt. James Amrozowicz, 2nd Aircraft Maintenance Unit crew chief, inspects the brakes of an F-15 Eagle during a basic post-flight inspection Feb. 15. Sergeant Amrozowicz is the Golden Bolt winner for the month of January. He found the Golden Bolt near a pillar under a jet sunshade on the flightline.

Staff Sgt. Benjamin Rojek



CONSTRUCTION

Phase II of the Sabre Gate renovation project is well under way with most of the utility work completed and the structural concrete work is nearing completion. Within the next few weeks, the outbound traffic will be temporarily diverted to exit through the inbound traffic lanes. This is similar to the configuration when the new outbound lane was being constructed at the beginning of the project. This work will take three to five days and will allow for installation of vehicle denial barriers and re-routing of a water main. After this work is completed traffic will be re-routed back to its current configuration.



Checkertail Salute

Tech. Sgt. Robert Stegemeyer Jr.



Lisa Norman

Sergeant Stegemeyer receives the Checkertail Salute Warrior of the Week award from Col. Brian Dickerson, 325th Fighter Wing vice commander.

The Checkertail Clan salutes Sergeant Stegemeyer, 325th Mission Support Squadron. He revamped Tyndall's IDEA program. Together with his co-workers, he contributed to their flight's "Outstanding" rating received from AETC during a recent staff-assistance visit.

Duty title: Manpower and organization flight NCO in charge
Time on station: Four years, six months
Time in service: Seventeen years
Hometown: Kenner, La.
Hobbies: Motorcycle riding, family time
Favorite book: "Chicken Soup for the Golfer's Soul" by Jack Canfield
Favorite movie: "The Green Mile"
Favorite thing about Tyndall: Year-round riding and golf weather
Goals: Make master sergeant this year
Proudest moment in the military: My daughter's graduation from basic military training

The Checkertail Salute is a 325th Fighter Wing commander program designed to recognize Tyndall's Warrior of the Week. Supervisors can nominate individuals via their squadron and group commanders. Award recipients receive a certificate, letter from the commander and a one-day pass.

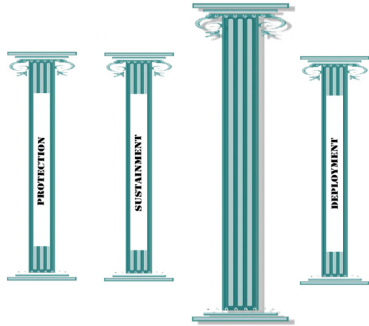
The Gulf Defender is published for people like Senior Airman Dean Cardenas, 325th Maintenance Operations Squadron aircraft production coordinator.



Congratulations to Tyndall's newest captain select!

Michael Guy
Florida State University
AFROTC Det 145

FORCE TRAINING



Training Spotlight

What are your career plans after you complete F-15 crew chief training?

“I plan on completing my 5-level training and then enrolling in an undergraduate program for criminal justice.”



AIRMAN KENNY RICKETTS
372nd Training Squadron/Detachment 4
mission ready airmen student

ALS students speak out, conquer fears

2ND LT. AMANDA FERRELL
325th Fighter Wing Public Affairs

Airman Leadership School is full of humbling experiences. Attempting to execute an “about face” for the first time since basic military training may dampen some egos, but public speaking before one’s peers still remains the most daunting challenge according to many students.

“They are asking us to talk about an aspect of our Air Force Specialty Code or to give a broad overview of our career field,” said Staff Sgt. Anthony Yon, 2nd Fighter Squadron logistics supply journeyman and ALS class leader.

The assignment helps students learn about other career fields and helps them get comfortable speaking in front of others, said Staff Sgt. Elizabeth Carty, 325th Mission Support Squadron ALS instructor.

“Students become more confident with themselves and are able to communicate more effectively,” she said.

ALS is a five-week course that focuses on leadership, military knowledge and career development. From the course, many students also find camaraderie and networking opportunities by working closely with fellow Airmen from different career fields.

“I’m enjoying the whole experience,” said Sergeant Yon. “This is the beginning of the second week and people are starting to pull together and work as a team.”

Although students are becoming better acquainted with one another, they are still

prone to the pressures of public speaking.

“People will still be nervous about giving a speech,” said the sergeant.

“Everyone just wants to do a good job, and some may not be good public speakers,” he said.

“I took a speech class in college, but I still get nervous,” Sergeant Yon said. “I know I’ll benefit from the assignment even though I rarely give briefings in my everyday job operationally.”

Students gather information from Air Force Instructions, operating procedures and regulations concerning their AFSC. They are also encouraged to reflect on personal experiences and incorporate the knowledge they have gained while on the job into the brief.

“We are gathering information from numerous sources and creating a briefing with visual aids to explain what we do while on the job,” said Sergeant Yon. “I’m leaning towards a few specific programs in my career field to focus on for the assignment.”

The assignments and lessons taught while in ALS may not seem applicable to the student’s current operational duties. How-



2nd Lt. Amanda Ferrell

Staff Sgt. Anthony Yon and Senior Airmen Thomas Haessly and Richard Kauffman, ALS students, participate in classroom academics. Students enhance leadership and professional skills during the five-week course.

ever, most feel that the experiences will benefit them professionally as their career progresses.

“This course is like an icebreaker for me,” said Sergeant Yon. “I’m learning to get over my anxiety about public speaking and I’m meeting people who are experts in a variety of fields.”

“ALS is a stepping stone professionally and it polishes the leadership skills needed for supervisor positions in the future,” he said.

Students will brief their peers during class next week. For some, it may be the perfect opportunity to finally tackle their fear of public speaking. For others, it may be just another humbling experience in ALS.

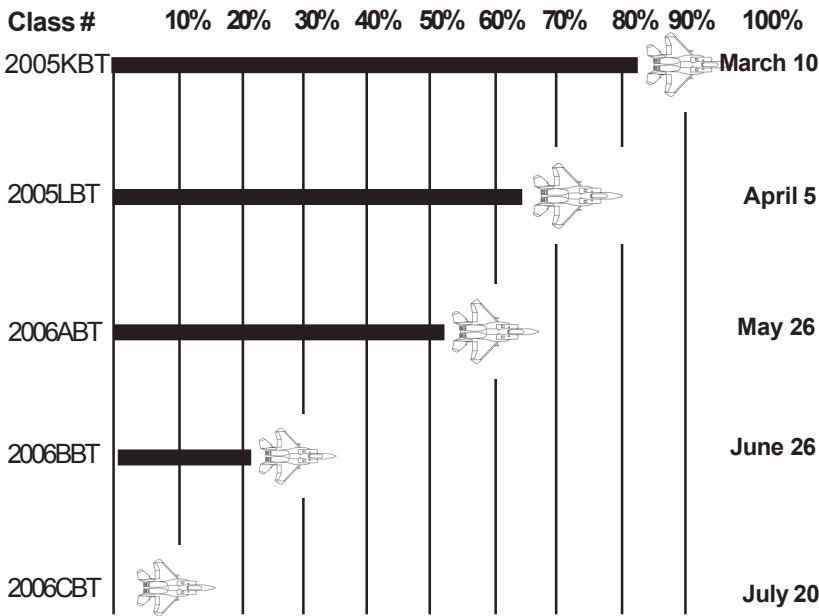


2nd Lt. Amanda Ferrell

Scanning the skies

Airman First Class Brandon Burns, 325th Operational Support Squadron air traffic control trainee, monitors airspace over the Panama City Airport.

F-15 Eagle B-Course progress chart



Airman of the Year
Senior Airman James Smith
81st Range Control Squadron



“It is a great honor and humbling to be named Team Tyndall’s 2005 Airman of the Year. I’ve tried to be a well-rounded Airman, not only by being good at my job, but also by improving myself through higher education and getting involved in the community.”

Civilian CAT I of the Year
Mandy Walz
325th Medical Support Squadron



“Winning this feels a little surreal but great at the same time. I love my job, and I work with wonderful and talented people who teach me new things every day. I definitely couldn’t do it without them.”

2005
Wing Anniversary
Team Tyndall

NCO of the Year
Tech. Sgt. James Forcella
325th Security Forces Squadron



“This is truly an honor to be recognized for my accomplishments. I just followed the advice and direction of my leadership, and it seems to have paid off.”

CGO of the Year
Capt. Leonard Shores
325th AMXS



“To see all the hardwork and dedication recognized for performing at your best is very rewarding. This is an unbelievable honor.”

2005 Annual Awards Hall winners

Senior NCO of the Year

Master Sgt. Cordell Thornton
325th SFS



“This award was definitely a team effort. Thanks to all the troops and supervisors of the 325th SFS. They helped me compete for the ‘best of the best’ annual award.”

Civilian CAT II of the Year

Kenneth Longstreet
325th Contracting Squadron



“I feel honored and privileged to work with such great people who helped me win this award. Teamwork is the key to success.”

First Sergeant of the Year

Senior Master Sgt. Alfredo Lopez
325th Aircraft Maintenance Squadron



“I am overwhelmed and still at a loss for words. I just love my job and the people I serve.”

Tyndall Honor Guard Member of the Year

Senior Airman Desere Rosenau
325th Communications Squadron



“It humbles me to be considered one of Tyndall’s ‘best of the best’ for 2005. The ‘secret to my success’ would be putting the Air Force’s needs before my own. Ever since I joined the service, Airmen have advised me to take care of my Wingmen and they will take care of me.”

Briefs

New clinic phone system

The 325th Medical Group has a new Tyndall Clinic information line. Beneficiaries can call 283-2778 for appointments, referral information, dental services, prescription refills, after-hours and weekend PCM-On-Call, Tricare information and general clinic information on policies and hours. If customers have difficulty navigating the system or have suggestions to make it more customer friendly, they can improve the system by submitting a customer feedback form on the clinic's public Web page. Comments can be submitted online at www.tyndall.af.mil/325MDG/325mdg.htm.

Refill pharmacy will relocate

Tyndall's satellite refill pharmacy will be temporarily closed for approximately three months for renovation starting March 6. During this time, refill pharmacy services will be provided at the Tyndall Clinic's information desk, on the first floor of Bldg. 1465 in the glass atrium near the front door. Refill pick-up times are 9 a.m. to 5 p.m. Monday–Friday and closed on weekends and holidays. To refill prescriptions, call 283-7177, 1-800-356-5273, or try the new information line 283-2778 and press option 2, option 2.

Tricare Briefing

There will be a Tricare briefing 10 a.m. March 16 in the 325th Medical Group dental clinic conference room located on the first floor.

Survivor benefit plan

SBP is a program that protects the spouses of retired military members in the event of death. Retirement pay stops on the date of death. Only through SBP can a spouse continue to receive a portion of that pay. For more information, call Alicia B. Gibbons, Tyndall's SBP counselor, at 283-8392.

Clinic enrollments

The Tyndall Clinic is open to new enrollments to family practice, internal medicine and pediatrics. Flight medicine enrollment consists of flyers, special operational personnel and their dependents. Tricare Prime patients enroll-

ing with family practice, internal medicine or pediatric providers at Tyndall Clinic should report to the Tricare Service Center next to the main clinic pharmacy, or go online to www.humanamilitary.com. For more information, call Tricare Operations and Patient Administration at 283-7331.

Virtual obstacle course

Lt. Col. (Dr.) Dan Kulund, 325th Medical Group medical staff chief and basic military training orthopedic fitness advisor, will conduct a workshop in Heritage Park at 3 p.m. Fridays starting March 3. Participants learn how to create a virtual obstacle course for training in any environment, how to train when deployed and many training tricks for the three parts of the physical fitness test. All DOD card holders can attend. Attire is physical training clothes and appropriate gear for the weather. For more information, call 283-7717.

OSC Scholarship Applications

Scholarship application packets are currently available at schools for high-school seniors and spouses, and can be picked up at a school counselor's office by 3 p.m. March 3. Late applications will not be accepted. For more information, call Shannon Urban at 648-8229.

Save your life fitness challenge

Save Your Life is a 12-week weight and fitness challenge for active-duty

members who have a Body Mass Index of equal or greater than 30. Members can sign up for the program through their unit fitness program manager by 2 p.m. Tuesday.

A Fun Run will kick-off the program from the Fitness Center 3 p.m. Tuesday. At 2:30 p.m., there will be blood pressure screenings in honor of Heart Health Month. Anyone can participate in the Fun Run and Blood Pressure Screening—retirees, active-duty members, or civilians. For more information, call the HAWC at 283-3826.

Mandatory public health training

Public health will be conducting an annual supervisors food-handling training for food facility managers and supervisors 8 – 11 a.m. March 8 at the Health and Wellness Center, Bldg. 1307. Make a reservation by March 6 by calling 283-7172/7138.

Thrift Shop hours

The Thrift Shop will be open 9 a.m. to noon March 4. They start consigning spring/summer items Wednesday. Consignments are 9:30 – 11:30 a.m. Wednesdays through Thursdays. The Thrift Shop is in Bldg. 743, across from the Post Office. For more information, call 286-5888.

Airman's Attic

Family Services and the Airman's Attic are open from 9 a.m. to 1 p.m. Monday–Friday in Bldg. 747. For more information, call the Family Services office at 283-4913.



Courtesy photo

Thunder rolls ...

The Gulf Coast Salute 2006 Open House is April 22 and 23. This year's event, dubbed "Thunder Over the Gulf," is highlighted by the U.S. Air Force Thunderbirds, the service's premiere aerial demonstration team. More information on the air show is available online at tyndall.schultzairshows.com.

**Catholic services**

Daily Mass, 11:30 a.m.
Monday–Friday,
Chapel Two
Reconciliation, before Saturday Mass or by appointment
Saturday Mass, 5 p.m.,
Chapel Two
Sunday Mass, 9:30 a.m.,
Chapel Two
Religious Education, 11 a.m.,
Bldg. 1476

Protestant services

Traditional worship service, 9:30 a.m., Chapel One
Contemporary worship service, 11 a.m., Chapel Two
Wednesday Fellowship, 5 p.m., Chapel Two

(For more information on other services in the local area, call the Chaplain's office at 283-2925.)



Staff Sgt. Benjamin Rojek

Prog pride

Staff Sgt. Brent Goe, 325th Contracting Squadron picker, places the first-ever coveted Super Prog trophy in a display case. CONS won the Team Tyndall pigskin prognosticator squadron competition for making the most winning picks during the 2005/2006 football season.

Tyndall Tigers place second at SEMAC post season tournament

The Tyndall Tigers men’s varsity basketball team, Southeastern Military Athletic Conference regular season co-champions, came up short in their efforts to recapture the post-season championship crown as they fell to the host Robins Hawks in the championship game Sunday.

In their first game of the tourney versus MacDill AFB, Fla., the two squads engaged in crowd-pleasing fast-break basketball. Tyndall led 47-34 at the half, and in the second half, the Tigers maintained their double-digit lead as they cruised to the victory, 108-85.

Elvin Walker paced the Tigers in scoring with a game-high 29 points.

In their second game of

the tourney, the Tigers faced the host Robins Hawks. Robins jumped out to a 14-point lead before the Tigers came roaring back to tie the score 33-33 at the intermission. In the second half, Tyndall took an 8-point lead with 14:15 remaining, but poor free throw shooting allowed Robins to seize control of the game and clinch the victory from the charity stripe, 73-65.

Walker led the Tigers in scoring with a game-high 32 points.

The Tigers went on a late run in their third game against Keesler AFB, Miss., to take a 45-36 lead at the half. In the second half, Tyndall maintained a comfortable lead as they steadily wore down the Dragons

to take the win, 87-72.

Walker paced Tyndall in scoring with 22 points.

In the Tigers’ next game, Tyndall and Hurlburt Field, Fla., battled to a tie, 34-34, at the intermission. In the second half, Tyndall quickly jumped out to a 10-point lead and never looked back, 74-61.

Walker again paced Tyndall in scoring with a game-high 21 points.

The semi-final game of the tourney pitted the conference co-champions Tyndall versus Moody AFB, Ga., with the winner advancing to the championship game. Tyndall went on a late run to take a 35-29 lead at the half. With nine seconds remaining in the game, Moody took a one point lead, but Tigers’

Markus Manuel was fouled with one second on the clock. He calmly sank both free throws to propel the Tigers into the championship game, 70-69.

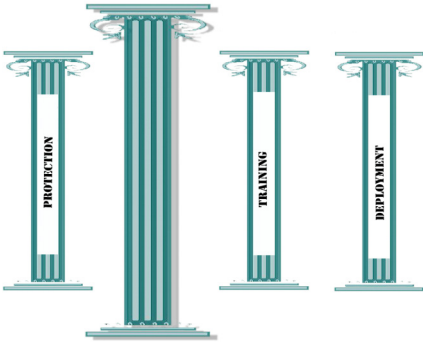
Marqus Armour led the Tigers with 16 points.

After a 30-minute break, Tyndall faced the host Hawks in the championship game. The Tigers jumped out to an early lead, until the Hawks went on a late run to take a 38-31 lead at the half. In the second half, the Tigers, down to seven players, ran out of gas as they suffered a six-minute scoring drought. Robins opened up a 20 point lead and cruised to victory, 88-69.

Armour led the Tigers in scoring with a game-high 22 points.

(Courtesy of the Tyndall Tigers)

FORCE SUSTAINMENT



Intramural Sports Standings

Basketball

Team	W	L	Team	W	L
ACS	10	1	MXS	6	5
AMXS 1	9	2	SVS	4	7
95th FS	9	2	601st EAOG	3	8
AMXS 3	8	3	AFRL	2	9
AMXS 2	7	4	83rd FWS	1	10
OSS	6	5	CES	1	10

Bowling

Team	W	L	Team	W	L
325 SFS	123	69	83 FWS 1	98	94
601st 2	120	72	SVS	93	99
1st AMU 3	117	75	NCOA	92	100
MXS-Phase	116	76	325 CS 1	92	100
MXS 1	112	80	RED HORSE	90	102
AMXS	110	82	AFCEA	90	102
1st AMU 2	109	83	ACS 2	90	102
MSS 1	108	84	53rd WEG	86	106
Test	106	86	CONS	83	109
IAM	104	88	83 FWS 2	83	109
MSS 2	104	88	ACS 1	82	110
1st AMU 1	103	89	CS 2	76	116
AMMO	100	92	MOS	75	117
601st 1	100	92	AAFES	72	120
OSS	98	94	Med Gp	70	122
CES	98	94	1FS	66	126

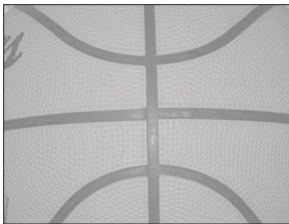
Attention March Madness fans

College basketball’s “March Madness” begins March 16. Team selections occur March 12.

That’s why the Gulf Defender is reaching out to you, Team Tyndall, to hear what your selections are.

In the spirit of the Pig Prog competition, we’ll take your picks for who’s going to March Madness, and then who’s going to the next round. What we need from you are e-mails with your predictions. We’ll print your responses.

Send all comments to editor@tyndall.af.mil.



Courtesy photo

Women’s health clinic to expand

1ST LT. ERIN RACE
325th Medical Group

Tyndall Clinic is expanding Women’s Health Services to include colposcopy procedures. This capability allows them to follow patients who have recent or past abnormal PAP results.

In the past, all patients who received abnormal results were referred downtown for the screening procedures and annual follow-up. Now, new patients in this category will be followed here for their initial care.

If the results of the screening tests show that it is medically necessary to be followed by a network gynecologist, their Primary Care Provider will refer them to a downtown provider. Patients currently seen downtown for their annual follow-ups may be eligible to return to the clinic for their annual tests. Interested pa-

tients should call 283-2778, ext 235.

To help the WHC offer this new service, routine women’s health annual appointments are offered by the PCMs in both Family Practice and Flight Medicine. These appointments include a PAP, breast exam, counseling and birth control/hormone prescription refills.

In addition, the clinic continues to offer mammography and ultrasound services to patients with orders from their PCMs, OB/Gyn, or other specialist. Priority will be given to Tyndall Prime enrollees, however, there often is space available for beneficiaries enrolled downtown in Standard or Tricare for Life.

To make an appointment with radiology and receive preparation instructions, call 283-7541.

Tyndall Wing Swing Update

5 p.m. Saturday
Tickets to join in dancing
available at the door for
\$10.

*(Tickets that include dinner
are no longer available.)*

Join in on the food, fun
and heritage and have a
swingin' good time!

Dress is casual or '40s attire.



Utilities covered in Tyndall housing privatization plan

GLENN LATTANZE

Tyndall housing privatization manager

The 325th Civil Engineer Squadron received many questions lately about housing privatization and who is responsible for paying utilities once privatization goes into effect this year.

Under housing privatization, the developer is responsible for water, sewer and garbage collection for the entire 50-year contract. In the first year, the developer will meter gas and electricity consumption on all houses but will not charge residents for their usage.

During the first year, housing residents receive their full basic allowance for housing rate, which they must pay to the developer, and residents are charged for any utilities.

At the end of one year, the developer will determine the average gas and electricity usage for each floor plan. Beginning in the second year, the BAH allowance will be reduced by 110 percent of the average gas and electric bill for the floor plan in which the

member resides. This money is returned to the member in the form of a separate utility allowance.

For example, if a base resident lives in a three-bedroom, two-bathroom unit, and if it is determined that \$100 is the average cost for gas and electric for that unit type during the first year, then \$110 is taken from the BAH and given to the resident to pay his gas and electric bill at the beginning of the second year. The rest of the BAH will become the rent amount.

Military members will be responsible for paying for their actual gas and electricity usage but receive money for 110 percent of the average usage for their floor plan. If their usage is average, then residents keep the additional 10 percent paid to them, and if they conserve energy, members will keep even more of their utility allowance.

For more information, contact Glenn Lattanze, Tyndall housing privatization manager, at 283-4712 or e-mail glenn.lattanze.ctr@tyndall.af.mil.



The Torch Club gathers at the Youth Center during a meeting in February.

CHRISSEY CUTTITA
325th Fighter Wing Public Affairs

(Editor's note: This is the final of a four-part series on the Tyndall Youth Center.)

Pre-teens and teens are usually found cleaning up Youth Center property here, selling baked goods at basketball games, helping children during open recreation or painting the walls bright green.

They are members of either the Torch Club for ages 10 through 13, or the Keystone Club for ages 14 through 18. These organizations are sponsored by the Boys and Girls Club of America, who sometimes partner with a local 4-H Club for events.

"Both clubs offer youth the chance to develop leadership qualities through community service projects, education and career exploration and free enterprise," said Alma Hooks, Youth Center director of youth programs.

Each club meets weekly. They elect officers and advisors for their clubs to keep things organized. At meetings they discuss what project ideas they have. They also volunteer to run Friday night Youth Center events like skate night, and come up with ideas to help the community.

"We get together and do fundraisers, special events and community service," said Etole Hoppe,

Keystone member. "We've gone to the humane society, helped with the air show here and volunteered at Special Olympics."

Sometimes the clubs visit local attractions for a fun day out on money they earned.

"We get to do fun things like raise money to go on field trips," said Courtney Todd, Torch Club member.

Gigi Morocco, Torch Club member, said the club keeps her busy and she enjoys it.

"It's better than doing nothing," she said. "All I do at home is click the remote and watch TV."

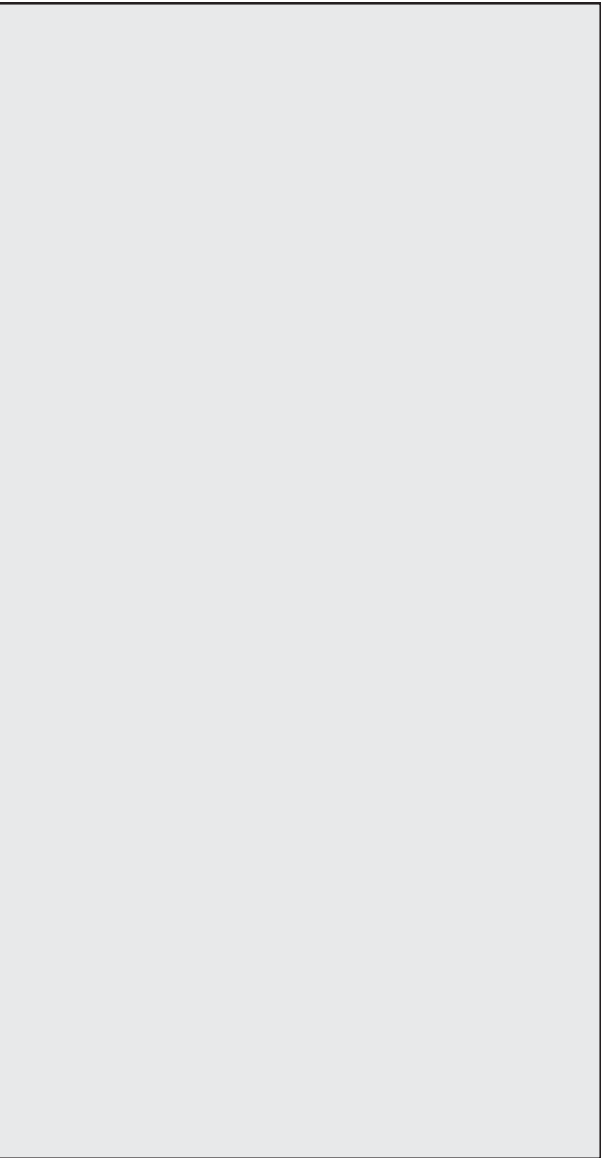
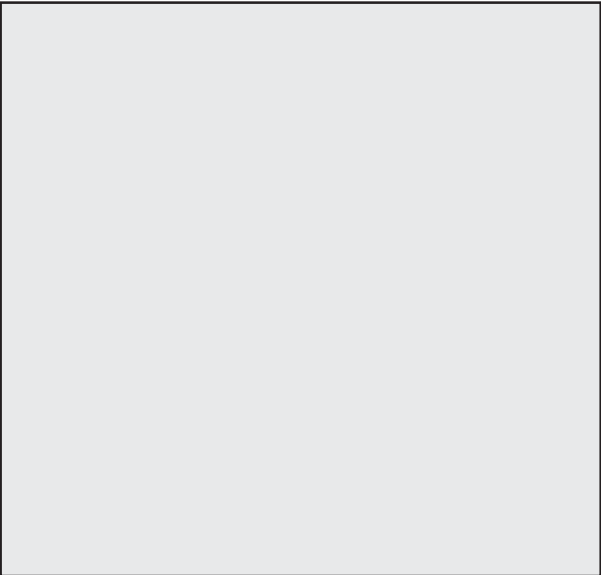
In addition to learning leadership and volunteering, the youth get to network with their peers and build friendships with other youth.

Last year they partnered with 4-H at county and district fair booths and teamed up for a lock-in.

"I get to meet a lot of new people, gain leadership skills and learn teamwork," said Vanessa Hayes, Keystone member.

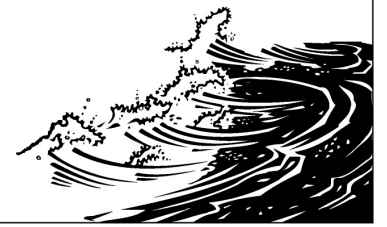
Some members of Keystone also participate in the Youth Employment Skills program. Teens who want to compete for a \$1,000 scholarship need 250 hours of volunteer time.

For more information, call the Youth Center at 283-4366.





Funshine NEWS


www.325thservices.com

☆ Log onto the NEW & IMPROVED Web site ☆

www.325thservices.com

Arts & Crafts Center

Hobbies Galore

Scrapbooking class
March 3 from 10 a.m. to noon
\$10
Supplies are included.

Weekly framing class
March 9, 16, and 23 from 5 - 7 p.m.
\$35 and bring a 4"x 6" picture to frame.
Mat cutting
Build frames
Cut glass

Free auto hobby class
March 6 at 6 p.m.
Learn how to balance
and maintain your tires

Call 283-4511 for details.
Arts and Crafts is located in Bldg. 934

Building Partnerships

Commercial Sponsorship



Tyndall AFB has a multitude
of opportunities.
Call us today 283-4193
and find out how you and/or
your company can benefit
with your contributions.

Free Movie Nites CC

Tonight at the Pizza Pub
Aeon Flux - (Rated PG-13)
In the 25th century, a rampaging virus has forced the remnants of humanity into the seclusion of a final city. There is great political conflict within, however, and this is the story of an acrobatic assassin, Aeon Flux, whose latest target is the government's top leader. For details, contact the Pizza Pub at 283-3222.

Showtime 8 p.m.
Pizza Pub open during the movie.
Youth under the age of 16 must be accompanied by an adult.

Thursday at the Community Center
Chicken Little - (Rated G)
After Chicken Little causes widespread panic - when he mistakes a falling acorn for a piece of the sky - the young chicken is determined to restore his reputation. But just as things are starting to go his way, a real piece of the sky lands on his head. Chicken Little and his band of misfit friends, Abby Mallard, Runt of the Litter and Fish Out of Water, attempt to save the world without sending the town into a whole new panic. For details, contact the Community Center at 283-2495.

Showtime 6 p.m.
Pizza Pub open during the movie.
Youth under the age of 16 must be accompanied by an adult.

Attention Team Tyndall: Place a *free* classified ad in the Gulf Defender

Military classified ads are placed in the Gulf Defender on a space available basis. Ads must be for a one-time sale of personal goods and should include a complete description, 30 words or less, of item being sold. Forms must be turned in by 2 p.m. Thursday for publication in the following Friday's Gulf Defender. Completed forms can be dropped off or mailed to the 325th Fighter Wing Public Affairs Office at 445 Suwannee Rd. Ste. 129, Tyndall AFB, FL 32403, or faxed to (850) 283-3225. Ads can also be sent in by e-mail to checkertailmarket@tyndall.af.mil.

Rank/Name _____

Unit/Office Symbol _____

Duty Phone _____

Home Phone _____

Item description (One ad per form)
(30 words or less)

We value your opinion!

Take a couple of minutes to give us your thoughts on how we can make the Gulf Defender better:

Did the front page grab your attention? Yes ☐ No ☐

Do you feel there is a good mix of local, command and Air Force-level news? Yes ☐ No ☐

Do the photos encourage you to read accompanied articles? Yes ☐ No ☐

Is the Gulf Defender easy to read and follow? Yes ☐ No ☐

What did you find most interesting in this week's paper? _____

If you could change one thing in the paper, what would it be? _____

Comments: _____

● FROM RED HORSE PAGE 3

plosive devices and unexploded ordnances; recover battle-damaged airfields; set up Temper tents; establish electrical power and water distribution; and much, much more. To say the least, it's a busy day for the team of 240 students!

But that's not all we do here at the site. We train every new civil engineer and services officer as part of their indoctrination through the Air Force Institute of Technology's Officer Field Education course. We provide orientation to contingency capabilities for future mission support group commanders attending Air University's MSG Commanders' course during their half-day visit.


We are blessed to support the Chaplain Institute out of Maxwell AFB, Ala. Several times each year, new chaplains and their assistants integrate with deployed teams to pro-

vide ministry of presence as part of the Chaplains Readiness Course.

We provide ECS training to more than 1,200 ROTC cadets each year as well. Tyndall's own medical group uses our site for their annual field training. The cadre works closely with the Air Force Research Lab, Air Force Civil Engineer Support Agency and the Air Force Services Agency in fielding new equipment systems, new technologies and procedures. And finally, we assist with development and production of interactive training CDs, videos and other field training materials.

That's a lot of good stuff for such a small detachment of 77 personnel to be responsible for.

So if you hear explosions on Mondays or see more black smoke on Wednesdays, you now know what we're doing out here – training the best of the best!



Tyndall's AFAF campaign is from Feb. 27 – April 7. For more information, contact Senior Master Sgt. Trina Douglas at 283-8288 or Master Sgt. Pedro Montanez at 283-2806.

